

Patriot Hills
★★★ at ★★★
Saranac Lake

Soldier Resiliency: A Fresh Approach

June 29, 2010

Trudeau Institute, Saranac Lake

Veteran advocate and internationally syndicated cartoonist **Garry Trudeau** arranged this important discussion between the military and Patriot Hills leaders.

Brigadier General Loree K. Sutton, M.D. is the highest ranking psychiatrist in the U.S. Army and served as director of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) beginning in November 2007. Prior to that, Sutton was commander of the Carl R. Darnall Army Medical Center at Fort Hood, Texas. Her earlier positions include: command surgeon for the U.S. Army Forces Command; commander of the DeWitt Army Community Hospital/Health Care Network; deputy commander for clinical services, General Leonard Wood Army Community Hospital; division surgeon, 4th Infantry Division (Mechanized); and special assistant to the Army surgeon general. She also is special assistant to the assistant secretary of defense for health affairs.

MG Robert John Kasulke MD MPA FACS practices medicine in Watertown, NY, in his civilian career. Trained in General Surgery, with an additional two years as a Fellow in peripheral vascular surgery, he started a vascular surgical department in a major medical school. A 1996 graduate of the Army War College, his MPA from Syracuse University's Maxwell School of Citizenship and Public Affairs in 1996 was with concentration in health care policy and cost analysis. He was in practice with Lake Saranac Lake Surgical Group from 1983-89. His current USAR position enables him to act as the intermediary between the Surgeon General of the Army and the 27,500 medical members of the United States Army Reserve.

Laurie Leitch, PhD, and Elaine Miller-Karas, LCSW are **Co-Founders and Co-Directors** of the Trauma Resource Institute where they developed the Trauma Resiliency Model, an innovative biologically-based program that targets nervous system stabilization. They are the authors of the *Trauma Resiliency Model, Veterans & Warriors, Workbook*. **Ms. Leitch's** experience with complex trauma includes providing treatment following 9/11, treatment and clinical training in southern Thailand after the tsunami and in Louisiana following Hurricanes Katrina and Rita. Her research has included social program and clinical evaluations for national foundations, the federal government, and non-profit organizations. She is currently a Co-Project Director for the Haiti Earthquake Relief Project. **Ms. Miller-Karas** was the Associate Director of Behavioral Sciences at Arrowhead Regional Medical Center's Family Practice Residency Program from 1994 until she resigned in 2006 to start TRI. Earlier in her career, she did her graduate internship at Stanford University's Perinatal Outreach Program and worked there as clinician and lecturer.

Edward Tick, PhD, is a clinical psychotherapist and author of *War and The Soul: Healing Our Nation's Veterans from Post-traumatic Stress Disorder*. Tick received his master's in psychology from Goddard College, Vermont and his doctorate in communication from Rensselaer Polytechnic Institute, Troy, NY. He has been in private psychotherapy practice since 1975 and began focusing on veteran's issues in 1979. Tick founded Soldier's Heart, a therapeutic program focused on PTSD. Tick also authored "The Golden Tortoise: Journeys in Viet Nam", "Sacred Mountain: Encounters of the Vietnam Beast", and "The Practice of Dream Healing: Bringing Ancient Greek Mysteries into Modern Medicine".